



MORNING STAR  
COUNSELING, LLC  
EST. 2010

## CONFIDENTIALITY FOR KIDS

### What kids say here stays here

Most of the things you talk about with your therapist will stay between the two of you. It will be confidential. However, for your own well-being, there are times when your therapist may need to share things with the people who care about you.

Here is a list of times when your therapist may need to talk to your family, or another adult:

- **If your psychologist believes that you are being hurt or abused by someone.**
- **If your psychologist believes that you may hurt yourself, someone else, or damage someone's property.**
- **If your psychologist believes that you are misusing drugs, using alcohol, or doing anything else that is against the law.**
- **If you or your guardian gives written permission to talk to other professionals working with your family.**

Besides these, sometimes your therapist may think that something you have said is important to share with your parent or guardian because it will help you understand one another better or help you function better. Your therapist will let you know ahead of time if he or she decides to speak to your parent or guardian about something that was talked about in private. Together, the two of you will think of the best way to talk to the adults who care for you about any problems or concerns.

I have talked with my therapist about confidentiality and had a chance to ask questions about it.

Client Name Printed

Client Signature

Therapist Signature

Date